

**Résultats 400 mètres natation - Femmes - 24 novembre 2019**

<b>Rang</b>	<b>Nom</b>	<b>Prénom</b>	<b>Age (2019)</b>	<b>100</b>	<b>200</b>	<b>300</b>	<b>400</b>
1	Leblond	Raphaëlle	16	01:10,2	02:27,3	03:43,7	<b>04:58,9</b>
2	Lajeunesse	Shelby	14	01:09,9	02:26,0	03:43,4	<b>04:59,5</b>
3	Beaulieu	Noémie	16	01:12,6	02:29,0	03:45,7	<b>04:59,9</b>
4	Normand	Clara	16	01:12,2	02:28,1	03:44,9	<b>05:01,1</b>
5	Saindon	Anabelle	15	01:06,4	02:23,2	03:43,9	<b>05:03,2</b>
6	Couture	Marika	15	01:10,6	02:28,3	03:47,2	<b>05:04,9</b>
7	st-louis	melina	15	01:10,3	02:28,4	03:47,6	<b>05:05,8</b>
8	Grenier	Ève	17	01:12,6	02:37,3	03:52,6	<b>05:13,7</b>
9	Lagueux	Mia	15	01:14,0	02:36,0	03:57,9	<b>05:18,9</b>
10	rivard	raphaëlle	17	01:16,4	02:39,2	04:02,8	<b>05:24,9</b>
11	Hamel	Sarah	17	01:16,8	02:39,1	04:03,3	<b>05:26,3</b>
12	Bourgeois	Olivia	15	01:16,5	02:40,0	04:08,5	<b>05:28,9</b>
13	Coulombe	Moïra	17	01:18,1	02:42,5	04:07,8	<b>05:30,6</b>
14	Boucher	Léa	15	01:14,2	02:38,8	04:05,8	<b>05:32,2</b>
15	Hébert	Brianna	16	01:18,8	02:44,7	04:10,6	<b>05:35,7</b>
16	Baril	Léane	15	01:17,5	02:43,3	04:10,4	<b>05:38,0</b>
17	Azzaria	Pauline	16	01:18,6	02:44,0	04:11,7	<b>05:38,4</b>
18	Tremblay	Ève	17	01:23,4	02:51,2	04:20,3	<b>05:48,2</b>
19	Guay Julien	Charlotte	15	01:19,0	02:47,7	04:20,6	<b>05:51,9</b>
20	langlois	sarah-	15	01:17,6	02:47,7	04:22,1	<b>05:55,9</b>
21	Le Méner	Alyssa	16	01:25,2	03:00,2	04:34,9	<b>06:09,2</b>

**Résultats 400 mètres natation - Hommes - 24 novembre 2019**

<b>Rang</b>	<b>Nom</b>	<b>Prénom</b>	<b>Age au 31</b>	<b>100</b>	<b>200</b>	<b>300</b>	<b>400</b>
1	Tétreault	Émile	17	01:04,3	02:13,4	03:23,1	<b>04:31,1</b>
2	St-Pierre	Benjamin	17	01:04,1	02:13,9	03:24,4	<b>04:34,0</b>
3	Simard	Cédric	16	01:06,4	02:18,8	03:31,5	<b>04:44,4</b>
4	Nolet	William	17	01:06,5	02:19,2	03:33,9	<b>04:47,9</b>
5	leblanc	alexandre	16	01:07,1	02:20,4	03:34,7	<b>04:48,5</b>
6	April	Jordan	16	01:09,9	02:24,4	03:39,0	<b>04:50,3</b>
7	Grondin	Nathan	16	01:09,2	02:23,2	03:37,5	<b>04:51,5</b>
8	lajoie	Jérémy	16	01:08,8	02:23,0	03:38,1	<b>04:52,0</b>
9	Beaulieu	Mathis	15	01:09,6	02:23,1	03:39,3	<b>04:52,4</b>
10	Poulin-Desjardins	Loïc	16	01:08,1	02:22,9	03:38,1	<b>04:52,6</b>
11	Marchand	Louis	16	01:09,0	02:22,9	03:38,8	<b>04:52,6</b>
12	Laperle	Simon	15	01:06,8	02:21,1	03:38,1	<b>04:55,6</b>
13	Poirier	Antoine	19	01:04,7	02:19,2	03:37,6	<b>04:57,3</b>
14	Massé	Alexandre	15	04:09,6	02:25,2	03:42,7	<b>05:00,9</b>
15	Girard	Jérémy	21	01:06,3	02:23,8	03:46,0	<b>05:08,1</b>
16	Racicot	Louis	18	01:11,1	02:30,6	03:51,0	<b>05:09,3</b>
17	Robert	Hugo	15	01:11,6	02:32,4	03:53,3	<b>05:09,6</b>
18	Despots	Jules	15	01:09,5	02:26,5	03:44,4	<b>05:09,9</b>
19	Köszegi	Jasper	14	01:11,3	02:28,6	03:49,8	<b>05:11,7</b>
20	Whittom	Jimmy	17	01:12,7	02:32,7	03:53,7	<b>05:14,7</b>
21	Larochelle	Mathis	16	01:17,5	02:37,0	03:58,3	<b>05:16,0</b>
22	Brochu	Tommy	17	01:13,1	02:33,5	03:57,0	<b>05:19,2</b>
23	Lupien	Benjamin	15	01:16,1	02:37,7	04:02,0	<b>05:23,6</b>
24	Richer	Mathis	16	01:17,3	02:41,5	04:04,0	<b>05:26,0</b>
25	Laforge	Mathis	16	01:12,3	02:34,3	04:00,3	<b>05:28,2</b>
26	Vachon	Anthony	16	01:13,4	02:37,4	04:03,1	<b>05:28,2</b>
27	Nolet	Raphael	15	01:17,9	02:42,7	04:08,3	<b>05:29,6</b>
28	Pelletier	Elliot	15	01:14,0	02:38,7	04:04,3	<b>05:30,9</b>
29	Halliday	Jonathan	19	01:18,1	02:46,0	04:13,2	<b>05:40,4</b>
30	Vallée	Frédéric	19	01:17,0	02:43,6	04:12,6	<b>05:42,6</b>
31	Legrand	Charles-	15	01:20,0	02:49,8	04:20,3	<b>05:47,0</b>
32	St-Sauveur	Félix	16	01:22,7	03:06,6	04:54,7	<b>06:38,8</b>